

## FAQ's Residential

**What content will be covered?** Residentials give participants the opportunity to learn new skills and techniques as well as developing and fine-tuning existing ones. Participants are offered an interactive learning experience with an opportunity for participants to meet new friends, improve confidence and ultimately have fun whilst improving their physical and mental abilities. The sessions focus on a range of rugby skills, drills and activities as well as rugby related games and age group breakdown for specific sessions.

**What age camp should my child attend?** Gender and age ranges are stipulated on the booking form for each residential, as these vary for each experience.

**What ability are the camps for?** The Bath Rugby residentials are open to all abilities. Our high coaching standards mean that our staff will ensure that sessions are programmed to age-appropriate groups, so that participants are not placed into a situation that they won't be comfortable in.

**Will these camps enhance my son's or daughters of accessing elite pathway?** Several coaches who deliver these experiences also work for Bath Rugby Academy (Women & Men), therefore they can make Talent ID recommendations.

**How long are the days?** Residentials are long days of training but there is plenty of free time for all participants to take rest and recovery sessions are always included. A standard day will start at 9am with breakfast and finish with dinner at 6pm, followed by activities in the evening where all participants can socialise.

**What should my child bring?** A comprehensive list of what your child will need to attend is supplied [here](#).

**Can parents watch the sessions?** We are happy for parents/guardians to attend on the last day to watch our in-house tournament before the BBQ and awards. Parents are not allowed to stay and watch any other sessions, as this poses a safeguarding risk for other children taking part.

**Who carries out the coaching? Are they responsible for the safety of my child?** All coaches are DBS cleared, RFU qualified coaches and first-aid trained. They are trained to a minimum of RFU Level 2, which meets minimum standards for this type of experience. The lead coaches can be found on our 'Meet the Team' page on the community section of our website.

Parents are requested to provide any medical history or details regarding any previous injuries upon booking to ensure our coaches are fully informed in advance of the camps. Any medication can be given to the site lead to look after but this must be relayed prior to arrival.

**How many other participants will there be?** It depends on the school and the number of dorms available, but children will be split into smaller age groups to ensure personalised experience throughout residential.

**Will my child have a dorm to themselves?** We are more than happy for you to make a request that your child is in a dorm by themselves however we do encourage all participants to meet new people and sharing a dorm is one of the best ways to do that. We do appreciate some participants like personal space, therefore will always strive to offer a single dorm to those who request it.

**What are the shower situations?** Most of our schools have shared bathrooms which have plenty of shower facilities, these can be used throughout the day. We do ask that towels are brought by participants.

**Will there be a player at the appearance?** There will be several first-team player and coach appearances throughout each residential. We want all participants to feel part of the club and also gain an understanding of what else goes into being a higher performing athlete (Please note that this can be subject to change).

**What are your policies on phones/valuables?** We are happy with participants bringing their phones on site as this is great way to speak to family members/guardians in free time. However, we do not want participants bringing them into the sessions as they can often prove distracting. Bath Rugby is not responsible for any lost, stolen, or damaged personal items of a participants, and are not responsible to replace them in any way.

**Weather?** If weather prohibits the players to train outside, an alternative indoor facility will be made available or will be brought to a safe indoor or covered area until the weather has passed. Bath Rugby will do its best under these circumstances to proceed with the activities, but the participant's safety is our priority.

**What happens if my child gets injured?** All injuries will be relayed straight to parents and assessment will be made on an individual basis on whether the participant will be able to carry on for the remainder of the camp.

**Will there be contact in the sessions?** Like every club in the Premiership and country we must adhere to the age grade playing season (link below) and that determines the amount of contact that can be delivered on specific residential across the year. Bath Rugby appreciate contact is big part of the game however we also like to prioritise other areas of the game as well, so we are given each participant a unique and informative experience. We do advise that your child still brings a gum shield.

<https://tinyurl.com/yy5u536t>

**Where do I drop off and pick up my child?** All details will be shared prior to arrival with a comprehensive pre camp email starting the school's address. Bath Rugby staff will be visible at drop of and pick up ready to direct you to everywhere you need to go.

**What will my child be eating?** The menus for the week are planned between our head chef at Bath Rugby and the school chefs. These are tailored to the life of professional rugby player, so we are giving participants and introduction to what a pro athlete needs to eat. Each participant will receive breakfast, lunch, and dinner with healthy snacks in between. We are more than happy for you to provide your child with snacks for their dorms. You will need to provide any dietary requirements when filling out the booking form, if this is not done you will need to contact us as soon possible.

**What can my child do in their spare time, and can they leave the premises?** As the timetable is quite full on and from previous experience from delivering our residential most participants like to rest and recover when they have free time, we do really encourage it. No participants are allowed off site unless as a whole group activity.

**What is the refund policy?** As this product is sold through a third-party website owned by Premiership Rugby, we adhere to the terms and conditions stated on this booking platform.

Cancellations made 6 weeks prior to the camp start date will have the option to:

- A 50% refund of course fee
- Or the option to move to a similar course (subject to price alteration. NO refund will be made on a cheaper course)

- Any cancellation made after this time will not be refunded

<https://www.rugbycamps.co.uk/booker-terms-and-conditions>

**What pastoral care will my child receive?** The site lead for the camp will always be on call 24/7 and their number will be shared with you in the pre camp email with a secondary number as back up number. If you have any issues the site lead can be contacted at any point throughout text or call. If you wanted to speak directly to your child, we are more than happy for that to happen as well. If your child has any worries or queries, they will be made aware of the person to speak to.

We hope the information contained here will help to reassure you, but if you have any concerns, please email [community@bathrugby.com](mailto:community@bathrugby.com)